



COVID-19 PARENT INFORMATION/PROCEDURES (MINOR SYMPTOMS)

MINOR (2 or more)

- Temperature of 100.4 Fahrenheit or above
- Chills or rigors
- Unusual muscle aches
- Congestion, runny nose
- Sore throat
- Nausea, Vomiting
- Diarrhea
- Persistent headache
- Fatigue
- Other: _____

The symptoms listed above may be symptoms of Covid-19 a new virus that may infect people of all ages. It is recommended that you contact your healthcare provider to determine if your child has COVID-19 or other communicable disease. Please self-quarantine and follow your healthcare provider's instructions.

1. Keep your child at home except to seek medical care.
2. Notify your medical provider of your child's symptoms.

If your child exhibits the following symptoms:

- trouble breathing
- pain or pressure in the chest that does not go away
- new confusion
- inability to wake up or stay awake
- blue lips or face
- severe abdominal pain

SEEK EMERGENCY MEDICAL CARE!

For your child to return to school, one of the following criteria must be met:

1. Present a clearance note from your medical provider to your school nurse.
2. Notify your school nurse that your child has met the CDC criteria of being 10 days since the start of symptoms and 24 hours fever free < 100.4 F, without the use of fever reducing medications and the symptoms have improved.

Pelham City Schools will follow current CDC and ADPH guidelines for isolation and quarantine times.

School nurses are required by law to notify ADPH of all positive or suspected positive cases of COVID-19. A representative from the Alabama Department of Public Health may contact you.

These guidelines can change as we receive additional updates and guidance from the Alabama Department of Public Health.

- COVID-19 General Information - 800-270-7268
- The COVID-19 General Information Email address - covid19info@adph.state.al.us

In addition, a toll-free phone line will continue to provide information about available testing sites and hours of operation statewide. This phone number is 888-264-2256. Callers are asked for their zip code to help locate the site nearest them.

The ADPH website at alabamapublichealth.gov also offers information and guidance about COVID-19 recommendations. Frequently asked questions are answered at alabamapublichealth.gov/covid19/faq.html.

Our top priority is to promote the health and safety of all of our students and staff. Thank you for helping us protect all members of our Pelham City Schools community.